

Employment Solutions

Employment Solutions is a not for profit corporation that assists people with barriers to employment. Among the various activities of our organization are several that also deal with food and nutrition. These include Fresh Approach, Summer Meals Program, Sauté Café and the Hoop House Project.

Fresh Approach

Using a workforce comprised primarily of people with mental retardation and operating out of a 7,500 square foot refrigerated building that was a former meat processing plant, Fresh Approach produces fresh food products for local restaurants and food distributors. Last year Fresh Approach processed over 500,000 lbs of raw product. Fresh Approach purchase product from local farmers whenever possible.

Summer Meals Program

Fresh Approach is a sponsor of the US Department of Agriculture's Summer Meals Program. As a sponsor, our organization prepares and distributes nutritious meals to children living in low income neighborhoods throughout Lexington during the summer months. Last year Employment Solutions prepared over 100,000 meals for this program.

Sauté Café

Sauté Café operates as a learning lab for College for Technical Education's Culinary Arts Program, another division of Employment Solutions. Culinary Arts students are encouraged to use fresh produce and health cooking techniques. Sauté Café also operates an extensive commercial catering business and can handle functions both large and small.

Hoop House Project

In conjunction with the Catholic Action Center, the Hoop House grows plantings for community gardens to be located throughout Lexington. Herbs and other vegetable products will also be grown. The Hoop House will utilize compost as a growing medium that is produced from the vegetable by products from Fresh Approach.

Contact Information

Fresh Approach-Walt Barbour phone 859-806-2832

Sauté Café-Cathy Vance phone 859-684-4937

College for Technical Education-Julie Goodpaster phone 859-272-5225